



Dr Sarah e Wylie, ND
Burlington Natural Health Center
13 Kilburn Street
Burlington, VT 05401

Welcome! The Burlington Center for Natural Health is located at 13 Kilburn Street, across the street from Evolution PT & Yoga! Parking is easy, on the street or in the large parking lot across the street from our clinic. Please do not park in the small Evolution parking lot to the east of their clinic. Once you park your car and see the old factory building where the masts were made for ships, locate the sign that says "Burlington Natural Health Center". We are number 13. Once inside, turn right and you will see another door leading to our waiting area, Red and Gold.

My office manager Puanani works in the Salisbury clinic, so she will not be there to greet you. Make yourself at home, find yourself a seat and I will be available as soon as I can. Please bring your completed paperwork, it really takes 20 minutes to complete.

This is a good day to avoid overfilling yourself with food prior to the visit! Also, try to avoid drinking gallons of caffeinated tea or coffee as it will interfere with the session.... It is good to eat and drink in moderation prior to the visit. Consider bringing a snack for after the session is over. The bathroom is located straight back, through a set of doors which temporarily have you in the hallway outside the clinic... The bathroom is all the way at the back and to the left.

I will take an in-depth history, and then it will be time to empty your bladder. If you are pregnant, just use the rest room as you enter the clinic, or as needed. The treatment will last between 35-60 minutes, and then there will be time for questions, summary and planning self-care homework. Please bring cash or check for the visit, or copay. If you have a card associated with an FSA, let Puanani know ahead of time.

Please bring your intake forms completed to your first visit,

Dr. Sarah e Wylie, ND
802-349-6598 Dr. Wylie's mobile phone
802-352-9078 Clinic Reception for Vermont Natural Family Health, PC